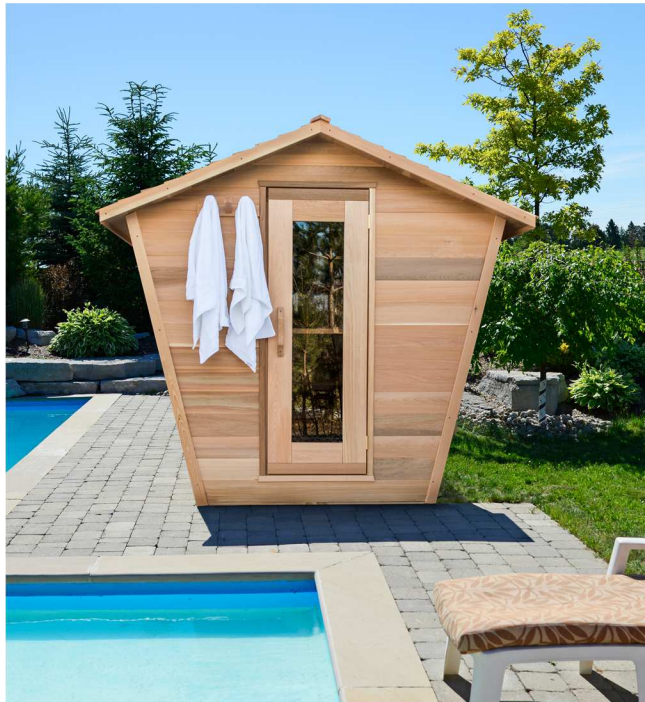




Dundalk Leisurecraft

Eagles Nest Sauna Assembly Instructions

Please read and understand the complete instructions prior to assembly and use of your sauna. Customer agrees not to hold Dundalk LeisureCraft Inc. and any of its authorized dealers liable for improper installation, maintenance and repair of this product



Requirements:

- * 2 People (recommended)
- *Rubber Mallet
- *Carpenter's Hammer
- *6' Step Ladder
- *Cordless Drill (we supply the bit)
- *Carpenter's Level
- 7/16" wrench
- * Tape Measure

View the assembly process on YouTube

www.dundalkleisurecraft.com



Eagles Nest Sauna Assembly Instructions



1. Start by placing both floor pieces on level ground.



2. Slide tongue of 1 side into groove of other half. Make sure pieces are flush at both ends.



3. Screw floor pieces together in pre drilled holes using provided 2 1/2" screws.



4. Place front bottom so it is flush on either end.



5. Using 2 1/2" screws, screw front bottom into floor in pre drilled holes.



6. Using 2 1/2" screws, screw back bottom piece into floor.



Eagles Nest Sauna Assembly Instructions



7. Attach front side wall onto front bottom.



8. Screw wall support to bottom and to side in pre drilled holes using 2 1/2" screws.



9. Square up front and back walls and screw a wall stave into front and back walls for support.



10. Slide door into place on the front wall.



11. Ensure door is square and fasten hinges using 2 1/2" screws.



12. Screw wall support to bottom and to side in pre drilled holes using 2 1/2" screws.



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13. Fasten other side of door 2-3" from top and bottom and in center through door trim using 2 1/2" screws.



14. Attach wall stave on this side for support as well.



15. Attach front wall, fasten from wall support and top on both sides using 2 1/2" screws.



16. Attach middle back wall to bottom wall using 2 1/2" screws.



17. Attach top back, using same steps as front top.



18. Using 2 1/2" screws, attach middle support in center of sauna.
Make sure support is flush to edge.



Eagles Nest Sauna Assembly Instructions



19. Screw top support pieces together using 2 1/2" screws.



20. Screw top support pieces into middle supports using 2 1/2" screws.



21. Starting at bottom of wall, fasten wall stave to end walls using 2 1/2" screws at either end and into middle support.



22. Keep screws in 1" from edge to ensure they will be covered by trim.



23. Use provided block to "tap" wall staves into each other. Failing to use block could result in damage to "tongue" of stave.



24. Continue to build wall upwards securing screws into staves at ends and middle support as stated before.



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25. Lower the previous "support stave" to fit with the other staves.



26. Continue to build wall upwards fastening 2 1/2" screws into staves at ends and middle support as stated before.



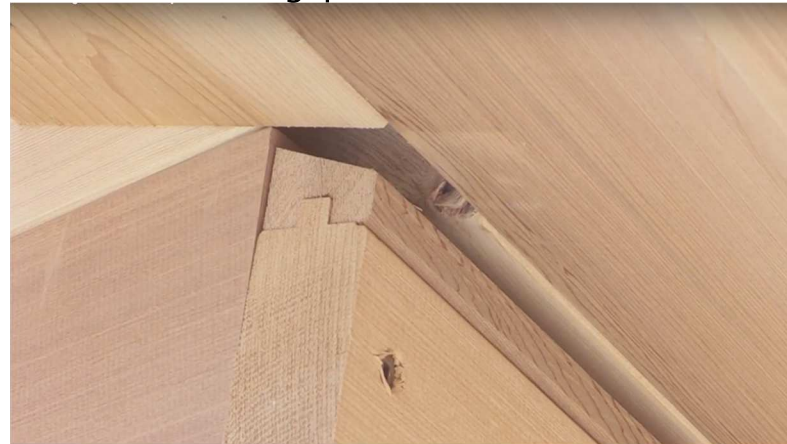
27. Use piece marked "top" when you reach the top of wall.



28. There will be approximately 1" distance from finished wall. This gap is intentional.



29. Square up roof overhang with sauna and tap notches into walls of sauna.



30. Make sure the overhang roof piece lines up with the corner wall. Repeat on other side.



Eagles Nest Sauna Assembly Instructions



31. Secure overhang roof piece in place with 2 1/2" screws at either end and in center making sure the screw goes into center support.



32. Continue adding roof staves working your way up the roof on either side. Do not screw in roof staves at this time!



33. When placing peak piece in at top, there will be a slight bulge. Use a mallet to "finesse" these pieces in to fit correctly.



34. Screw roof staves in place at either end and into middle support with 2 1/2" screws.



35. Use (6) - 2 1/2" screws per staff. (2 at each end and 2 into center support)



36. Start cedar roof shakes with 1" overhang at bottom and fasten to roof staves with 1 1/2" screws.



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37. Start cedar roof shakes with 1" overhang at bottom of roof and fasten to roof staves with 1 1/2" screws.



38. Continue attaching shakes, working up to peak on either side.



39. Attach piece marked "top" at peak of roof.



40. Attach piece marked "top" at peak of roof.



41. Screw roof ridge into place with 2" screws. (Approximately 1" overhang on each end)



42. Install the door handle outside at desired height with 2" screws.



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43. Attach trim pieces using 1 1/2" screws in the pre drilled holes on front and side corners.



44. Repeat for all 4 corners and middle on both sides of sauna.



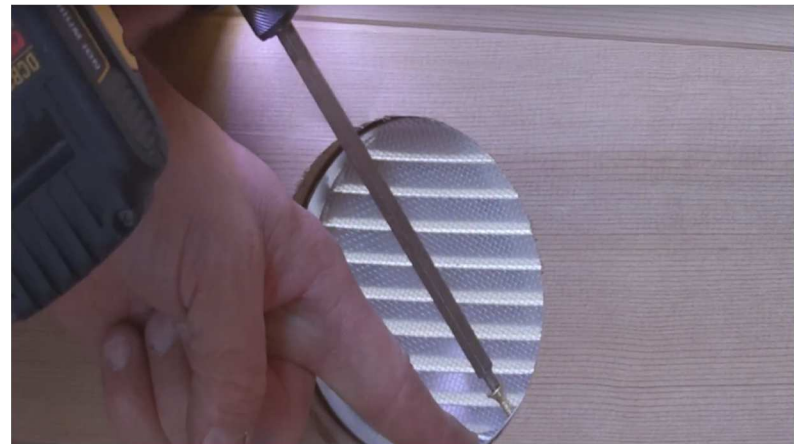
45. Attach roof trim using 1 1/2" screws.



46. Using 2" screws, attach towel hanger at desired height outside the door.



47. Place vent inside hole on back wall from the outside while keeping it level.



48. Secure with 1 1/2" screws from the inside.



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49. Using the cover as a guide, line up the lower rail and secure with 1 1/2" screws.



50. Make sure when securing the top vent cover rail that the vent cover can still move with ease. Be careful not to overtighten.



51. Install the thermometer centered above the door using a 1 1/2" screw.



52. Install towel bar cross-ways on inside of door at desired height using 2" screws.



53. Install benches using 2 seat supports and 2 bench wall supports per side.



54. Make sure to line up the bench crossbars with the seat supports.



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55. Screw support into floor using 2 1/2" screws, level bench and screw wall support in to front and back wall of sauna with 2" screws.



56. With 2" screws, screw bench down to supports through spaces in bench.



57. The seat supports should sit under the pre attached bench supports.



58. With 2" screws, screw bench down to supports through the spaces in bench.



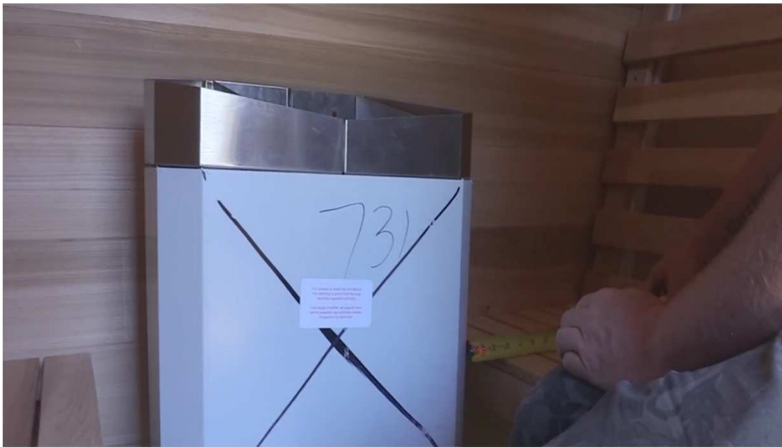
59. Screw back bench rest at ends through spaces in same manner as bench seats using 1 1/2" screws.



60. Place the heater on top of the "box of rocks" to install at the correct height.



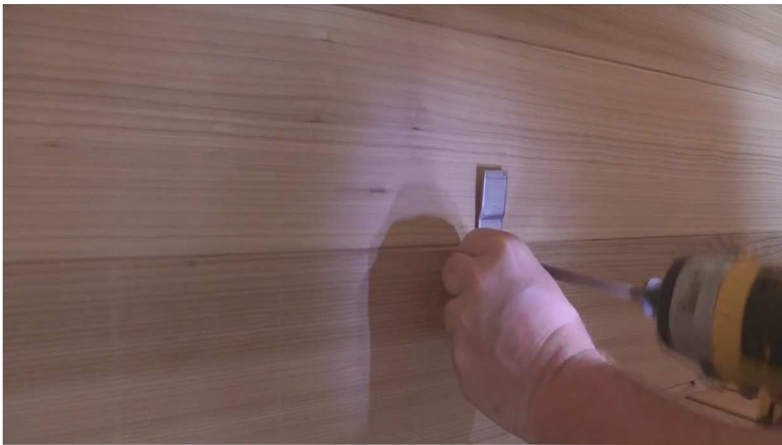
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61. Center heater between benches.



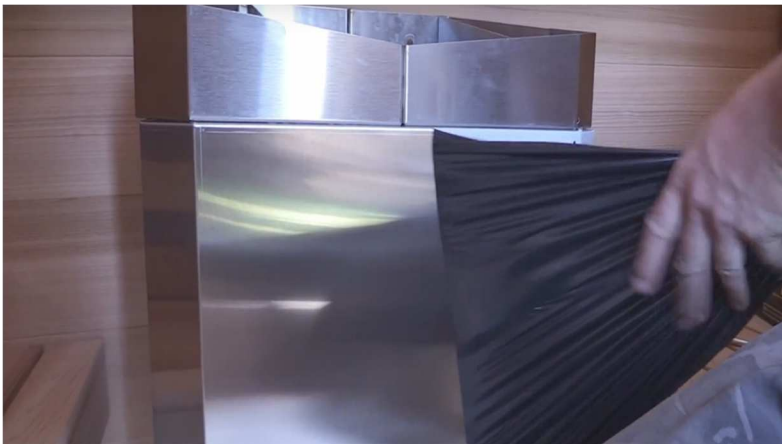
62. Mark the wall placement of the heater brackets.



63. Attach heater brackets to back wall of sauna using 1 1/2" screws.



64. Place heater on wall brackets.



65. Remove the protective film from the heater before use.



66. Place rocks in heater.



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67. Assemble the two sides and front of heater guard using 1 1/2" screws.



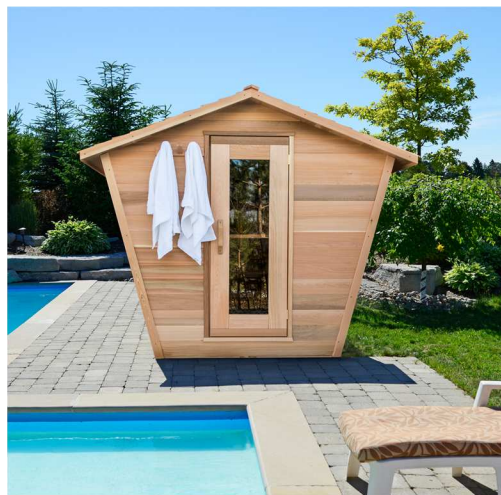
68. Attach heater guard to wall with 2" screws using pre drilled holes.



69. Make sure the center of the heater guard is at same level as the top of the bench.



70. Lastly, place the headrests and the water bucket in the desired locations



**Congratulations on the assembly of your Eagles Nest Sauna!
Enjoy**

www.dundalkleisurecraft.com

WARRANTY

Our Products are warranted to be free of defects in materials and workmanship under normal use and service, for a period of three years (3 years) from date of purchase. With the warranty you will get a NO HASSLE next business day (depending on shipping service) replacement for all requested parts. Product must be cared for properly, this warranty does not cover misuse or negligence and the manufacturer is not liable for any injury or damage caused by the product.

The warranty is also not valid if repairs are attempted by anyone not authorized to do so. Please contact your Dundalk LeisureCraft Dealer for more warranty Information.

HOW TO TAKE A SAUNA

1. Pre-heat your sauna to the desired temperature (usually between 80-100°C)
2. While it's warming up, take a nice hot shower.
3. Enter the pre-heated sauna, relax and allow your body to perspire in the soft dry heat. Do not throw water on the rocks during the first part of the session.
4. Cool off with a cold shower or a quick swim in a lake or pool.
5. Re-enter the sauna and sprinkle water on the rocks. This will increase humidity to about 30% to assist in perspiration. Half a cup every 5 minutes should be enough. Too much water will just cool off the rocks and you'll get less steam.
6. After a 20-30 minute sauna, cool off in the shower or lake or pool.
7. Repeat this sauna/cold shower process as often as desired.
8. It is important to drink during your sauna session and even a light snack.
9. Like bathing in a hot tub, excessive exposure can be harmful to a person's health. People with poor health should consult their physicians before using the sauna.

***THESE ARE GUIDELINES ONLY. ENJOY YOUR SAUNA WHATEVER WAY YOU DESIRE.
CHILDREN MUST BE SUPERVISED BY ADULTS.***

MAINTAINING YOUR SAUNA AFTER INSTALLATION

1. Wash the layer of rock dust off of the sauna rocks before using them.
2. When your sauna is set up and working you should "break-in" the sauna before using it for the first time. Turn it on its highest setting and keep it like that for about 1 hour. This is recommended to burn off any oils and impurities from manufacturing, and it also "cures" the woodwork. After about $\frac{3}{4}$ hour, slowly pour about one litre of cold water on the rocks. It should all turn to steam and not come out of the bottom of the heater. If it does, you're pouring too fast.
3. It is considered good sauna etiquette that guests take a shower with soap and sit on a double-layer of terrycloth towels to prevent perspiration from getting onto the benches and walls where the oils will accumulate over time.
After each use, leave the door fully open for the wood to dry out. Duck boards can be lifted up to air out if necessary.
4. Under normal conditions, a slight wash of the floor and benches several times a year will maintain its cleanliness. The cedar benches can be washed with a mild solution of liquid cleaner and water to remove any buildup and perspiration stains from the wood. Never use ammonia or harsh cleaners as they can turn the wood gray.
5. Good care should be taken of the wooden bucket and ladle. They should be stored upside down to promote drying.
6. The peridotite sauna rocks may need to be replaced in 6 to 10 years depending on severity and frequency of use. In many cases, the rocks could last up to 15 years.
7. Do NOT use commercial wood sealers from local lumberyards or hardware stores. These are not designed to withstand the sauna temperatures or humidity!
8. Contact your local dealer or Dundalk LeisureCraft directly if you have questions or concerns regarding your product.

View Assembly Video online: <https://www.youtube.com/watch?v=Qhrg92yCcWs>

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