



Dundalk LeisureCraft Cedar Outdoor Cabin Sauna Assembly Instructions

Please read and understand the complete instructions prior to assembly and use of your sauna. Customer agrees not to hold Dundalk LeisureCraft Inc. and any of its authorized dealers liable for improper installation, maintenance and repair of this product



Requirements:

- 2 People (recommended)
 - * Rubber Mallet
 - * Step Ladder
- * Cordless Drill (we supply the bit)
 - * Tape Measure
 - * Impact Driver
- * 7/16" open end, socket or crescent wrench
 - * 4" Drill bit

View the assembly process on **You Tube**

Ph: 519-923-9813 | Fax: 866-458-7583 | Web: www.dundalkleisurecraft.com



Dundalk LeisureCraft Outdoor Cedar Cabin Sauna Assembly Instructions



Make sure you have a solid base to build your sauna on.

This could be crushed gravel, a concrete slab, patio stones, a wooden deck or any other solid base.

Organize your pieces.



Assembling the floor:

Grab the 2 Floor Pieces and put together as in photo.



Screw the floor pieces together using 2 ½" screws in the pre-drilled holes.

Lay the assembled floor on your solid base.



Locate the 4 – T-nuts. (*inset*)

Lift up each corner of the floor and insert a T nut into hole from underneath.

Apply weight to get T nuts to grab into wood.



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Start with the bottom staves which have the notches as shown in picture.



Insert the bottom stave into the floor with the corner notch facing inwards.

Repeat for all 4 bottom staves.

Ensure that your base is steady & level.



Unwrap your threaded rods and hardware.

Insert the threaded rod through each corner as shown.

Using your finger, thread rod into T nut until you can feel it is flush on the bottom.



Grab all of your wall staves.



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Start by putting your first side wall stave over the threaded rods on the side of sauna.

Slide it down tight onto the bottom Stave.

Repeat for opposite side wall.



Repeat process for Front and back walls.

Make sure that corner notches are facing inwards.



Continue building walls up alternating between the side walls and the front and back walls.

Make sure that corner notches are facing inwards.



The front wall staves will vary in size depending on what options were chosen for your sauna.

After the 3rd row of staves, Locate the pre hung door to insert.



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Slide the door assembly into the groove of the front wall.

Note this is where you can control which way you want the door to sing open



Continue to assemble the walls alternating like before between the side walls and front and back walls.

Make sure that corner notches are facing inwards.



The door top stave will have a groove cut into it to slide over door.



When you reach the top, grab the 2 assembled pieces marked "top side".



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Insert the top sides as shown, with highest part of angle cut towards the inside of sauna.



Grab the Front and back gables.

Grab the 4 washers and nuts as well.



Place the front gable on top of front Wall.



The holes in the notch on end of front gable should slide over the threaded rod.

Place a washer and nut over threaded rod and snug up.



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Place a washer and nut over threaded rod as shown in picture.

Use a 7/16" wrench to tighten up nut.
Do not overtighten

Repeat on other side.

Repeat for Back Gable.



Grab the 2 fascia pieces.

They will be 2 pcs assembled together the same length as the roof boards but have the side trim attached.



Place 2 ½" screws in the pre drilled holes to assist in installation.



Place the fascia on top of the wall like shown.

Use a rubber mallet to "knock" the grooves of the fascia board into place.



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The groove of the fascia board should sit flush against the wall corner.



Screw the pre placed screws in the fascia board to the sauna walls.



Gather your roofing staves.



Lay them out against the fascia on either side as shown.

**The grooves should slide into each other.*



Dundalk LeisureCraft Outdoor Cedar Cabin Sauna Assembly Instructions



Continue on both sides until you reach the peak.



Use your rubber mallet to snug up the roof staves into each other on both sides of roof.

**** DO NOT SCREW STAVES TO ROOF AT THIS POINT!***



Use the rubber mallet to finesse the roof peak assembly into the roof staves.



When the roof staves are all flush and in the proper location, secure the roof staves to the sauna wall using 2- 2 1/2" screws per stave.



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The distance from the screws to the edge of staves should be 6 $\frac{3}{4}$ ".

Continue on both ends of sauna.



Grab your 4 pieces of roof trim and pre place 1 $\frac{1}{2}$ " screws in the pre drilled holes.

Ensure trim is flush to fascia end on the edge and the top and fasten.



Secure the trim at the peak and all remaining screws.

Repeat on other end of sauna.



Get all your roofing shingles strips together.



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As some strips come in two pieces, they are numbered to ease in the installation of them.



Find the shingle stripped marked "Bottom".



Lay the "bottom" strip of shingles on the roof as shown.

The bottom of the shingle strip should be flush with the edge of fascia stave and it should overhang the trim by 1/2".



Fasten the shingle strips down to the roof using 1 1/2" screws.

Secure with screws approximately every 16".

**Fasten screws within 1 1/2" from the top of shingle strip to ensure they will be covered by the shingle overlap.*



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Continue fastening strips until you get to the top.



Secure the smaller strip marked "Top" to the peak of the roof.

Repeat on other side.



Grab the ridge cap and pre place 2 ½" screws into the pre drilled holes.

Center ridge cap so the same amount overhangs on each end of sauna and secure.



Grab your corner trim and pre place 1 ½" screws in the pre drilled holes.



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Slide the corner trim up tight to the roof as shown in picture and fasten screws.

Repeat on other 3 corners.



Pre place 2" screws in the pre drilled holes of your inner and outer door handles.



After you find the center of the door using a tape measure, secure the outside handle in place.



Repeat the same process for the inner handle.



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Place towel hanger in desired location and secure with 2" screws.



Gather the benches and bench brackets.



Place 2 ½" screws in the pre drilled holes of the bench brackets.

Make sure bracket is snug to wall and fasten screws.

Repeat at other end of Sauna.



Bring in the top bench (7 slats) and place on bench brackets.



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Line up the remaining brackets to the supports on bottom of the bench.



Secure benches to the brackets using 1 ½" screws making sure to screw between the slats of the bench.

Repeat for all remaining brackets.

Repeat for Lower Bench

**Ensure center brackets are flush to wall before securing.*



Secure the middle brackets to wall and floor using 2 ½" screws.



Repeat process if adding L-shaped benches.

Secure benches together using 2 ½" screws from underneath.



Dundalk LeisureCraft Outdoor Cedar Cabin Sauna Assembly Instructions



Grab your interior trim pcs.

Measure each of the 4 corners inside your sauna and cut the trim pieces accordingly.



Place interior trim pieces flush in corners and secure with supplied nails.



Using a 2 ½" screw through middle hole on door hinge, secure door to frame.

Repeat on lower hinge.

Secure opposite side using 2 ½" screws through frame of door.



Fasten thermometer using a 2" screw in desired location.



Dundalk LeisureCraft Electric Heater Installation Instructions



To install the electric heater, Place heater on top of the included box of sauna rocks to get the correct height for installation.



Mark the placement of the heater brackets.



Attach brackets to wall of sauna with 1 ½" screws.

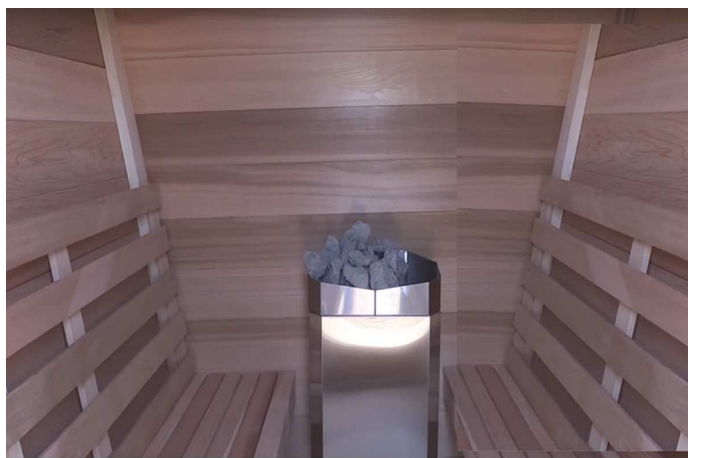


Place heater on wall brackets.



Remove the protective film from the heater before use.

* Wash the rocks thoroughly before placing them into the heater



Space rocks out evenly in top of heater.

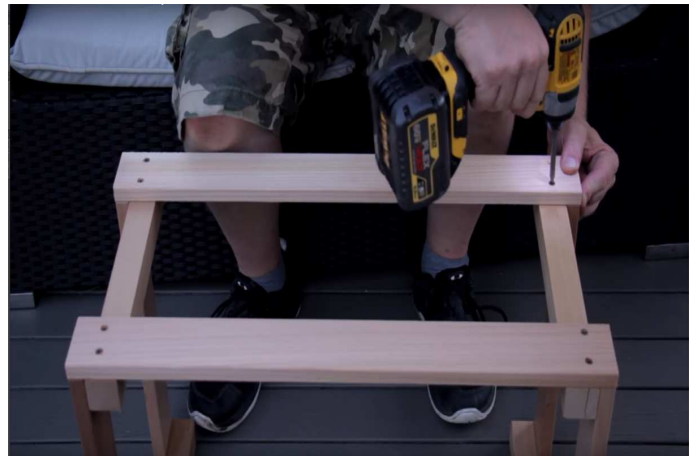
*Operate the heater for an hour with the sauna door fully open to burn off any residual coating from the manufacturing process before using.



Dundalk LeisureCraft Electric Heater Installation Instructions



Stand the 2 sides of the heater guard on edge with pre-drilled holes on the bottom. Screw front guard support to either side using (2) – 2 ½" screws per side.



Assemble remaining front support to the 2 ends in the same manner as previous step.



Place heater guard around electric heater.
*Make sure heater guard is level before securing.



Screw guard to wall using 2 ½" screws



Using a 4" Drill bit, drill a hole on wall under heater approximately 5" from floor.



Now simply place the vent in the hole from the outside.



Dundalk LeisureCraft Electric Heater Installation Instructions



Using supplied screws, secure vent on the inside of sauna.



Secure the vent cover pieces with 1 ½" screws as shown.



Ensure the vent cover slides freely before screwing in tightly

Congratulations on the assembly of your new Outdoor Cedar Cabin Sauna !



For assistance in the assembly of your Outdoor Cedar Cabin Sauna please visit our support page at:

<https://www.dundalkleisurecraft.com/support/>

Or to view the assembly process got to:

<https://www.youtube.com/watch?v=XEqYGc78Nko>

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WARRANTY

Dundalk LeisureCraft Inc. warrants our saunas against defects in materials and workmanship under normal/residential use for a period of five (5) years, as applicable, from the date of receipt of the product by the original end-user consumer.

This warranty does not apply to normal wear and tear and/or natural weather conditions.

This warranty does not cover regular required maintenance of the sauna, (eg. Tightening bands on the barrels, cleaning or staining the sauna) refer to your sauna assembly manual for maintenance guidelines.

This warranty does not cover misuse or negligence and the manufacturer and associated retailers are not liable for any injury or damage caused by the product.

HOW TO TAKE A SAUNA

1. Pre-heat your sauna to the desired temperature (usually between 80-100°C)
2. While it's warming up, take a nice hot shower.
3. Enter the pre-heated sauna, relax and allow your body to perspire in the soft dry heat. Do not throw water on the rocks during the first part of the session.
4. Cool off with a cold shower or a quick swim in a lake or pool.
5. Re-enter the sauna and sprinkle water on the rocks. This will increase humidity to about 30% to assist in perspiration.
Half a cup every 5 minutes should be enough. Too much water will just cool off the rocks and you'll get less steam.
6. After a 20-30 minute sauna, cool off in the shower or lake or pool.
7. Repeat this sauna/cold shower process as often as desired.
8. It is important to drink during your sauna session and even a light snack.
9. Like bathing in a hot tub, excessive exposure can be harmful to a person's health. People with poor health should consult their physicians before using the sauna.

**THESE ARE GUIDELINES ONLY. ENJOY YOUR SAUNA WHATEVER WAY YOU DESIRE.
CHILDREN MUST BE SUPERVISED BY ADULTS.**

MAINTAINING YOUR SAUNA AFTER INSTALLATION

1. Wash the layer of rock dust off of the sauna rocks before using them.
2. When your sauna is set up and working you should "break-in" the sauna before using it for the first time. Turn it on its highest setting and keep it like that for about 1 hour. This is recommended to burn off any oils and impurities from manufacturing, and it also "cures" the woodwork. After about ¾ hour, slowly pour about one litre of cold water on the rocks. It should all turn to steam and not come out of the bottom of the heater. If it does, you're pouring too fast.
3. It is considered good sauna etiquette that guests take a shower with soap and sit on a double-layer of terrycloth towels to prevent perspiration from getting onto the benches and walls where the oils will accumulate over time.
After each use, leave the door fully open for the wood to dry out. Duck boards can be lifted up to air out if necessary.
4. Under normal conditions, a slight wash of the floor and benches several times a year will maintain its cleanliness.
The cedar benches can be washed with a mild solution of liquid cleaner and water to remove any buildup and perspiration stains from the wood. Never use ammonia or harsh cleaners as they can turn the wood gray.
5. Good care should be taken of the wooden bucket and ladle. They should be stored upside down to promote drying.
6. The peridotite sauna rocks may need to be replaced in 6 to 10 years depending on severity and frequency of use. In many cases, the rocks could last up to 15 years.
7. Do NOT use commercial wood sealers from local lumberyards or hardware stores. These are not designed to withstand the sauna temperatures or humidity!
8. Contact your local dealer or Dundalk LeisureCraft directly if you have questions or concerns regarding your product.